



See & Hear the Good News

Today's Story

Peace is what I leave with you; it is my own peace that I give you. (John 14:27, *Good News Translation, Second Edition*)

Re-gifting seems all the rage today. We'll happily pass on the odd host gift, the bottle of wine, the box of toffee, and think nothing of it. Are we as willing to pass on what we receive from Jesus and the Holy Spirit?

In this, the sixth week of the season of Easter, nursery-age children were gifted with the message that the risen Jesus is with us always through the peace of the Holy Spirit. Your 2- or 3-year-old was introduced to the simple phrase "peace be with you" in games, crafts, storytelling and group work.

Bring this lesson about the peace of the Holy Spirit home by communicating to children the value of peacefulness, and that peacefulness has a valued place in your home.

Take a moment to share with your child the picture on the front of this week's paper. Invite your child to share their thoughts about it, to retell the story in their own words. Who are these people? What are they up to?



Time Out: Peace Be With You

These days a parent's use of "time-out" is both common and commonly misunderstood. "Time-out" is best thought of as a response to the child's inner state, not as a punishment for "bad" behavior.

Time-out is really a gift. What you are giving children is a chance to regain control of their behavior—an opportunity for self-quieting so that they can resume responsibility for their bodies and the choices they make with them.

Think of "time-out" as *applying the brakes* as your child speeds through their busy day. Just like when driving a car, gentle braking—early and often—to maintain control is better than slamming on the brakes to try to regain lost control or prevent a disaster. (This is good advice for adults too!)