LUIGI GIOIA, SAY IT TO GOD. IN SEARCH OF PRAYER – LENT READING GUIDE

WEEK	Pages	CHAPTERS	QUESTIONS
Optional	1-31	Any scrap of wood Blessed crisis Closing the door A presence we discover in us	 Why do I find it so difficult to pray? Are there things I would never want to say to God even in prayer? Why? In my prayer am I talking to God or rather to my ideas of God, my projections of God? Is it possible that my familiarity with Scripture and my religious practices have made me impervious to the living action and presence of the Lord in my life?
1	33-61	Saving time Meaning words Something mysterious Unexpected glimpses	 How can I change my relation to time? How can I take some distance from the way I organize my work and my life so as to find time for myself and for the Lord? Why do I want to pray? What difference does it make for my prayer to know that God is Father, Son and Spirit?
2	63-92	Fine-tuning An ever-flowing river A room not of our making The right posture	 Why do I doubt so easily of God's presence and action in my life whenever something threatens or upsets me? Do I take the time to verify whether what I do and especially my successes really advance God's kingdom and are intended to fulfil God's will? What does it mean for me to be daughter or son of Jesus's Father? Where and how do I search for the right inner disposition to pray?
3	93-122	Overcoming suspicion A larger picture Reclaiming our freedom A new day	 Am I able to understand God's will as what makes me truly free? What are the ways in which I misunderstand God's will in my life? What does it mean for me to have a common history with God, to live in a covenant with him, to walk with him?

4	123-152	A new heart As for me, I trust in you Throwing mountains in the sea	 Do I see my negligences and weaknesses as an obstacle or as an opporunity in my relation with the Father? Do I believe that everything is possible thanks to prayer? How and in what sense? Why is forgiveness so crucial for prayer? Why is prayer so crucial for forgiveness?
5	153-189	Delays The wings of a dove A whisper	 How bold and confident am I prepared to be in my prayer? How do I explain to myself God's delays in answering my prayer? Am I afraid of silence in prayer (I.e. a prayer without words)? Do I ever try simply to remain in God's presence with love and trust in him?
7 Optional	191-220	The shepherd's whistle Afraid of disappointment These words I could not say Say it to God	 Does praying ever bring me a peace and a joy that surprise me? Am I ever disappointed by God? How do I deal with this disappointment? Do I acknowledge God's presence and action all around me, even where I expect it less, and am I open to learn from it? What is my approact to truth? Is is something I think I can possess and impose on others?